

MARTHA E. WAKENSHAW, M.A., LMHC

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SUMMARY OF QUALIFICATIONS

- Licensed Mental Health Counselor for 25 years (#MH30002827)
- Parent Educator/Child, Adolescent, and Family Therapy
- APSAC Child and Adolescent Forensic Interview Specialist
- Parenting Plan Evaluator and Guardian ad Litem for 14 years
- Former Director of Therapeutic Child Center/Childhaven
- Child and Adolescent Mental Health Specialist

EDUCATION

Master of Arts in Counseling Psychology, 1988, Seattle University, Seattle, WA

Merit Scholarship/Post Graduate Teaching Assistant, Seattle University 1988-1990

Bachelor of Arts in Psychology, 1979, Connecticut College, New London, CT

Continuing Education including Mindfulness Stress Based Reduction, Domestic Violence Training, Ethics, Suicide Prevention training, CBT, and DBT.

CLINICAL EXPERIENCE

**Pacific Family Solutions
Edmonds, WA and Bainbridge Island, WA
1991-present**

Child, Adolescent and Adult Therapist. Assessment and treatment of affective and developmental disorders, trauma, divorce, grief and loss, parenting skills training,

anger and stress management. Crisis management and intervention. Modalities include Cognitive Behavioral Therapy, play therapy, Mindfulness based therapy, and family of origin and grief work. Expertise in child custody and divorce issues. Legal reports and testimony. Published author on divorce, posttraumatic stress, and other child and family therapy issues. Multicultural emphasis in treatment.

Guardian ad Litem/ Court-appointed Guardian ad Litem in Kitsap County. Parenting Evaluator in King County. Developmentally-based parenting plans founded on the tenants of developmental psychology and legal issues in child custody evaluations. Research-based investigative methods. Witness preparation. Reunification and family therapist. Excellent oral and written communication skills. Child and adolescent interview specialist. Child Mental Health Specialist. Client base: children, adolescents, adults, older adults.

FORMER CLINICAL EXPERIENCE

Shoreline School District, Shoreline, Washington Head Start Family Advocate/Elementary Prevention and Intervention Specialist

Formulated and facilitated divorce, parenting, social skills, and domestic violence groups. Interfaced with community agencies, schools, DSHS, and CPS. Legal reports and court testimony. Home visits. Case management for at-risk children. Case management with multi-cultural populations. Counseling and crisis management.

Childhaven, John Wilson Branch, Seattle, Washington Case Manager/Director

Supervised staff members and volunteers. Responsible for agency operations. Provided intake, assessment, and treatment for at-risk children birth to five. Facilitated weekly parenting group. Facilitated staff meetings. Interfaced with Seattle Children's Hospital Psychiatric Team consultation. Part of DSHS child abuse review team to determine case disposition. Program play therapist. Child abuse prevention advocate.

CLINICAL RESEARCH

Clinical Research Associate: University of Washington, Seattle, Washington Birth to Three Project with Dr. Jean Kelly

Review of literature. Analysis of data re: early child development and low-income underserved populations. Home visits.

Clinical Research Associate: Dr. Eliana Gil, Fairfax, Virginia

Review of literature and writer on book. Expertise: Posttraumatic Stress Disorder/Early Childhood Education.

Domestic Violence: How it Impact Children, Shoreline Head Start, Shoreline, WA

Grant recipient. Started program through Shoreline Head Start and Shoreline School District. Wrote grant and received grant through Shoreline Fire Department with matching grant from New Beginnings. Trained group leaders in curriculum.

OTHER EXPERIENCE

DSHS Child and Family Services Research Assistant

Seattle Mental Health Graduate Intern and School-Based Therapist

Eastside Domestic Violence Program Professionally Trained Volunteer

Ryther Child Center Caseworker for at-risk adolescents

PRESENTATIONS AND PUBLICATIONS

Instructor: Child Development and Court Procedure. This course covered topics that included: child development, child maltreatment, and working with CPS, writing court reports. The presentation was geared to family law attorneys. 2004

NPR Interview: Child Development and Trauma, “The Parent’s Journal National Broadcast). May 2003

Continuing Legal Education Presenter. Topic: How Guardian ad Litems and Attorneys can Increase Communication. Snohomish County Superior Court. 2003

Seattle’s Child Parenting Magazine, Feature Article: “Parenting People.” Seattle, WA July 2002

National Head Start Journal, Feature Article: “The Joy of Home Visiting,”

National Business Institute Seminar, Continuing Legal Education Presenter and Panelist. Topic: Child Custody and Visitation in Washington. Seattle, WA, April 2002

Northwest School for the Hearing Impaired, Topic: Child Abuse and Neglect Prevention Staff Training. Shoreline, WA, May 2002

New Harbinger Publications. Author of Caring for Your Grieving Child: A Parent's Guide. Berkeley, California, December 2002. The book assists and guides parents with specific exercises to help children that are grieving.

Harbinger Press. Semi-finalist for the Robert F. Kennedy Book Award for Social Justice, Short-listed for Benjamin Franklin Award for First Book; **This Child of Mine: A Therapist's Journey.** May 2001